



Your daughter is invited to join:

Team Up Philly's Girls Club

**An after-school, all-girls empowerment program held at Shepard Rec Center
Starts October 11TH and runs throughout the school year!**

WHO: FOR GIRLS IN 4TH-8TH GRADE

WHEN: Every MONDAY & WEDNESDAY, from after-school to 5:15pm

- Team Up Philly staff will be at the Rec Center at 3:30 to start greeting girls.
- For girls who attend Universal Daroff Charter School: the group will meet after school and be escorted to the Rec Center, and back to Daroff at 5:20 for pick-up. If you prefer, you can pick girls up at Shepard or give permission for them to walk home.

WHAT:

- We'll spend the first 45 minutes in fun sports and fitness activities, followed by 45 minutes of character and leadership-building activities.
- A team of caring coaches will help your daughter learn new skills, grow stronger and more confident.
- Holiday party, field trips, and summer camps are available to girls in Team Up Philly!

**** Please fill out all forms and send with your daughter to reserve her spot!****

Questions? email info@teamupphilly.org or call (484) 270-8789 (Office hours)

NEW INFO- FAMILY RESOURCES: We are excited to share a list of Family Resources on our website for everything from college access to food banks and how to get low-cost internet. Please check out www.teamupphilly.org and look for "family resources"!

No cost: we fundraise throughout the year so that we can offer programs free of charge